

# West Linn Youth Cheer

## Parent Meeting | 04/25/26

### Registration

- Live on our website: [www.westlinnyouthcheer.com](http://www.westlinnyouthcheer.com)
- Please read the packet before you register.
- If you have questions or are having technical problems, email: [westlinnyouthcheer97068@gmail.com](mailto:westlinnyouthcheer97068@gmail.com)
- Used Gear
  - Facebook
    - Follow us on Facebook
    - Ask to join "West Linn Youth Cheer Gear"
    - Please note the price sheet and only CURRENT uniform/gear can be sold
    - Practice gear

### Team Schedule, Key Dates and Events

Waiting on confirmation from WLWV School District

NEW THIS YEAR!

- Tinys Team
- Two Game Day competitions for all teams

TINYS TEAM	MINIS TEAM	YOUTH TEAM	JUNIOR TEAM
<b>SUMMER SCHEDULE</b> <b>Days:</b> Tues/Thurs <b>Time:</b> 4:30pm-5:30pm <b>Location:</b> TBC by district - Will be in West Linn <u>outside</u> (check TeamSnap) <ul style="list-style-type: none"> <li>• Old Time Fair Clinic/Parade: July 10<sup>th</sup> - 11<sup>th</sup></li> <li>• First Practice: August 4<sup>th</sup></li> </ul>	<b>SUMMER SCHEDULE</b> <b>Days:</b> Mon/Wed <b>Time:</b> 4:30pm-5:45pm <b>Location:</b> TBC by district - Will be in West Linn <u>outside</u> (check TeamSnap) <ul style="list-style-type: none"> <li>• Skills Evaluation: June 10<sup>th</sup></li> <li>• First Practice: July 8<sup>th</sup></li> <li>• Old Time Fair Clinic/Parade: July 10<sup>th</sup> - 11<sup>th</sup></li> <li>• No Practice: July 27<sup>th</sup> - 31<sup>st</sup> (Moratorium Week)</li> <li>• Skills Clinic @Empire Athletics (Sherwood): July 20<sup>th</sup> - 21<sup>st</sup> (8:30am-12:30pm)</li> </ul>	<b>SUMMER SCHEDULE</b> <b>Days:</b> Tues/Thurs <b>Time:</b> 5:00pm-6:30pm <b>Location:</b> TBC by district - Will be in West Linn <u>outside</u> (check TeamSnap) <ul style="list-style-type: none"> <li>• Skills Evaluation: June 10<sup>th</sup></li> <li>• First Practice: July 7<sup>th</sup></li> <li>• Old Time Fair Clinic/Parade: July 10<sup>th</sup> - 11<sup>th</sup></li> <li>• No Practice: July 27<sup>th</sup> - 31<sup>st</sup> (Moratorium Week)</li> <li>• Skills Clinic @Empire Athletics (Sherwood): July 22<sup>nd</sup> - 24<sup>th</sup> (8:30am-12:30pm)</li> <li>• NCA Camp: Aug 17<sup>th</sup> - 19<sup>th</sup></li> </ul>	<b>SUMMER SCHEDULE</b> <b>Days:</b> Tues/Thurs <b>Time:</b> 5:00pm-7:00pm <b>Location:</b> TBC by district - Will be in West Linn <u>outside</u> (check TeamSnap) <ul style="list-style-type: none"> <li>• Skills Evaluation: June 10<sup>th</sup></li> <li>• First Practice: July 7<sup>th</sup></li> <li>• Old Time Fair Clinic/Parade: July 10<sup>th</sup> - 11<sup>th</sup></li> <li>• No Practice: July 27<sup>th</sup> - 31<sup>st</sup> (Moratorium Week)</li> <li>• Skills Clinic @Empire Athletics (Sherwood): August 3<sup>rd</sup>-6<sup>th</sup> (9am-1pm)</li> <li>• NCA Camp: Aug 17<sup>th</sup> - 19<sup>th</sup></li> </ul>
<b>FALL SCHEDULE</b> As of September 1 <sup>st</sup> <b>Days:</b> Tues/Thurs <b>Time:</b> 4:30pm-5:30pm <b>Location:</b> TBC by district - Will be in West Linn (check TeamSnap) <ul style="list-style-type: none"> <li>• First Game: Sept 12<sup>th</sup></li> <li>• Last Game: (TBC)</li> <li>• Game Day Competition (Clackamas HS): Nov 7<sup>th</sup></li> <li>• Game Day Championships Competition (Sherwood HS): Nov 14<sup>th</sup></li> </ul>	<b>FALL SCHEDULE</b> As of August 31 <sup>st</sup> <b>Days:</b> Mon/Wed <b>Time:</b> 4:30pm-5:45pm <b>Location:</b> TBC by district - Will be in West Linn (check TeamSnap) <ul style="list-style-type: none"> <li>• First Game: Sept 12<sup>th</sup></li> <li>• Last Game: (TBC)</li> <li>• Game Day Competition (Clackamas HS): Nov 7<sup>th</sup></li> <li>• Game Day Championships Competition (Sherwood HS): Nov 14<sup>th</sup></li> </ul>	<b>FALL SCHEDULE</b> As of September 1 <sup>st</sup> <b>Days:</b> Tues/Thurs <b>Time:</b> 5:00pm-6:30pm <b>Location:</b> TBC by district - Will be in West Linn (check TeamSnap) <ul style="list-style-type: none"> <li>• First Game: Sept 12<sup>th</sup></li> <li>• Last Game: (TBC)</li> <li>• Game Day Competition (Clackamas HS): Nov 7<sup>th</sup></li> <li>• Game Day Championships Competition (Sherwood HS): Nov 14<sup>th</sup></li> </ul>	<b>FALL SCHEDULE</b> As of September 1 <sup>st</sup> <b>Days:</b> Tues/Thurs <b>Time:</b> 5:00pm-6:30pm <b>Location:</b> TBC by district - Will be in West Linn (check TeamSnap) <ul style="list-style-type: none"> <li>• First Game: Sept 12<sup>th</sup></li> <li>• Last Game: (TBC)</li> <li>• Game Day Competition (Clackamas HS): Nov 7<sup>th</sup></li> <li>• Game Day Championships Competition (Sherwood HS): Nov 14<sup>th</sup></li> </ul>
<b>Estimated Season Time Frame</b> August – November 14 <sup>th</sup>	<b>Estimated Season Time Frame</b> June 10 <sup>th</sup> - November 14 <sup>th</sup>	<b>Estimated Season Time Frame</b> June 10 <sup>th</sup> - November 14 <sup>th</sup>	<b>Estimated Season Time Frame</b> June 10 <sup>th</sup> - November 14 <sup>th</sup>

### Team Activities and Dinners

- Activities Leads
- Last Day of Summer Clinics/Camps
- Oct
- Nov (End of season)

## Old Time Fair Clinic & Parade

- July 10<sup>th</sup> (Clinic), July 11<sup>th</sup> (Parade)
- Signups open June 1<sup>st</sup>: <https://www.westlinnyouthcheer.com/summerclinic/>
  - Pre-register online to reserve your shirt size
  - There will be a “Member Code” to register online with no fee
  - Open to non-program members ages 4-14
  - Walk-ins welcome

## Games

- A majority of games will be at West Linn High School
- Rotation of WLYF games/age groups

## Team Pictures

- Something Blue Photography
- September 12<sup>th</sup> and 13<sup>th</sup>
  - 9am-1pm time frame
  - Scheduled times will be decided based on team needs, game schedules, etc. Teams will be assigned a time slot to arrive.
- In-Studio
  - Individual and team photo poses only (no buddy)
  - Estimated 15-20min time commitment

## Practices

- Be on time
- Where appropriate clothing for the weather
- Use the bathroom before coming
- Eat before practice and drink water!
- No jewelry – do not get a new piercing
- No fake nails
- Bring a large water bottle (36oz or more)
- Wear sunscreen (we practice outside in the Summer)
- If your cheerleader has a history of passing out or seizures, please make sure to check in with their coaches before practices start in July.

## Medical Release

- Each cheerleader will be required to complete a physical form. The required forms are available in the registration packet.
- Please complete the form and upload a copy of your physical to the google forms page (Link in Registration Packet)
- Your cheerleaders physical can be completed by your family doctor or by an urgent care physician.
- Physicals are valid for TWO years from the date of the exam. If you have completed this form for another sport in the last two years, you can provide a copy to fulfill the requirement.
- If your cheerleader had an injury that sidelined them at any time during the 2025-26 season (sideline or competition), you will need to provide an updated note of release from their doctor, fully clearing them to participate before they can practice.
- Forms are due no later than **July 4<sup>th</sup>**!

## Uniform Fittings

**Date:** Wednesday, May 20<sup>th</sup>

**Location:** Cascade Summit Club House: 3480 Chaparrel Loop West Linn, OR 97068

**Notes:** Uniform Fittings will be in-person. This is the only date for in-person. There will not be a makeup date. Please wear a sports bra, Nike pros or other similar athletic shorts and socks. Team members will be changing in and out of items in an open room. There are also bathrooms you can change in.

## Skills Clinics/Camps

TINYNS TEAM	MINIS TEAM	YOUTH TEAM	JUNIOR TEAM
<b>SKILLS CLINIC</b> <b>Days:</b> late August TBD <b>Time:</b> TBD <b>Location:</b> WLHS 1-Day clinic hosted by WLHS Varsity Cheer	<b>SKILLS CLINIC</b> <b>Days:</b> July 20 <sup>th</sup> - 21 <sup>st</sup> <b>Time:</b> 8:30am- 12:30pm <b>Location:</b> Empire Athletics Sherwood	<b>SKILLS CLINIC</b> <b>Days:</b> July 22 <sup>nd</sup> - 24 <sup>th</sup> <b>Time:</b> 8:30am- 12:30pm <b>Location:</b> Empire Athletics Sherwood  <b>NCA CAMP</b> <b>Days:</b> Aug 17 <sup>th</sup> – 19 <sup>th</sup> <b>Time:</b> 9am-4pm <b>Location:</b> Lakeridge High School	<b>SKILLS CLINIC</b> <b>Days:</b> August 3 <sup>rd</sup> - 6 <sup>th</sup> <b>Time:</b> 9am-1pm <b>Location:</b> Empire Athletics Sherwood  <b>NCA CAMP</b> <b>Days:</b> Aug 17 <sup>th</sup> – 19 <sup>th</sup> <b>Time:</b> 9am-4pm <b>Location:</b> Lakeridge High School

## Financial

- When you register: registration fee, NCA camp (optional), rain jacket (only if needed).
- After uniform fittings - Varsity Shop (link will be emailed)
  - Make sure to take note of the sizes you will need to order for shoes
- Sponsorships
  - Sponsorship info available now!
  - We are looking for Title Sponsors to sponsor us for the Old Time Fair Parade.
    - Must be submitted by June 11<sup>th</sup>
    - Business logo will be featured on our shirts for the Old Time Fair Parade
  - All other sponsors are due by August 11<sup>th</sup>
- Fundraisers
  - Dine out Nights (Program Fundraiser)
  - Bottle Drop (Program Fundraiser)
    - Pick up bags at uniform fittings. Other pick up/drop off days TBD
  - Fill My Pom (Program/Individual Fundraiser)
  - Yard Signs (Program/Individual Fundraiser)
- The first \$100 raised through sponsorships and/or fundraising will go towards facility rental fees, any funds raised after that will go towards offsetting individual invoices. All families are REQUIRED to participate in sponsorships and/or fundraising to help offset our facility rental fees.

## Summer/Fall Tumbling

- Empire Athletics in Sherwood: <https://www.empireathleticsgym.com/classes/tumbling-sherwood/>
- If classes are full, join waitlist and email Coach Dirk: [dirk@empireathleticsgym.com](mailto:dirk@empireathleticsgym.com)
- Competition team will have their own class starting in October.

## Competition Season

- Info, including pricing will be released **August 1<sup>st</sup>**
- 5th-8th Grade eligible
- Available teams for the upcoming season
  - Youth
    - Traditional and Game Day divisions
  - Junior
    - Traditional and Game Day divisions
- September-February (in tandem with sideline season)
- Team Tumbling starting in October
- Parent Info Meeting: **Wednesday, August 12<sup>th</sup> (Virtual) at 7pm**
- Team evals will be **Thursday, August 20<sup>th</sup> (attendance is mandatory) from 5-6:30pm**
- Teams will be announced on our website/social media **Friday, August 21<sup>st</sup> by 8am.**
- **No cut. Everyone makes a team.**

## **Communication**

- Email: [westlinnyouthcheer97068@gmail.com](mailto:westlinnyouthcheer97068@gmail.com)
- TeamSnap: Once you have registered, please download the mobile app!
  - Receive up to date practice calendars and communications.
  - Parents must have access. Athletes are encouraged to also download.
  - If you have used TeamSnap before sometimes the team will automatically add, instead of sending you an email.
  - Coaches contact information is on TeamSnap.

## **Social Media**

- Follow us on Facebook and Instagram @westlinnyouthcheer
- Tell your friends about us!